

# Protect My Player

*Parents' Clinic - Concussion & ACL Injury Focus*

Join us for a **COMPLIMENTARY**, educational and interactive event for parents of athletes.

*Please bring your ID - there will be free craft beer sampling!*

**Date:** Tuesday, July 18th - 6-8 PM

**Time:** 6-8 PM

**Location:** Physiotherapy Associates - Ankeny  
710 E 1st St., Ankeny

**Registration:** Register online at  
<https://protectmyplayer-parentsclinic.eventbrite.com>

**Presentations will include:**

## **ACL Injury Prevention and Treatment with Timothy Vinyard, MD**

Dr. Vinyard is a Sports Medicine Orthopedic Surgeon at Iowa Ortho. He has extensive experience in the clinical and surgical management of athletes of all levels. He has provided medical coverage for the Iowa Hawkeyes, Minnesota Vikings, Minnesota Timberwolves, and many more sports teams.

## **Injury Care and Performance with Maka Stewart, ATC**

Maka is an Athletic Trainer for Physiotherapy Associates specializing in performance enhancement and preventative training. She has extensive experience training athletes of all ages and skill levels.

## **Concussion Management with Jill Kienzle, LAT, ATC and Kayla Kleihauer, ATC**

Jill and Kayla are athletic trainers for Physiotherapy Associates and have extensive experience working concussion evaluation, care, and management.

## **Sports Nutrition to Increase Healing of Injuries with Ellen Davis, RD, CSSD, LD**

Ellen Davis is a sports dietician at Hyvee. She specializes in helping athletes develop fueling strategies to meet performance goals.



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*Come see dorsaVi - state of the art technology that provides objective data to accurately assess risk of injury, guide training programs, and help determine when it's safe to return to play.*